



GUYETTE

Facial & Oral Surgery Center

IV Sedation/General Anesthesia Pre-Operative Instructions

The following instructions are very important for the success of your surgical treatment. We ask that you read them carefully. If there are any areas that you do not understand, or cannot comply with, please discuss them with us.

1. Our patients having IV sedation or general anesthesia are **NOT to have anything to eat for SIX hours prior to surgery time. You may drink only CLEAR liquids up to 2 hours prior to the surgery time.**
2. **Please take all normal medications on the day of your procedure unless otherwise directed by your Physician, Dr. Guyette, or Dr. Beehner.**
3. When IV sedation or general anesthesia is used, it will be necessary that you arrange to have a responsible adult accompany you to drive you home after surgery. It is also strongly suggested that you have someone in attendance with you at home following surgery. For extensive office surgery, arrangement can be made to spend your immediate post operative recovery time in a specialized facility with nursing care.
4. For proper placement of our surgical monitoring equipment, we ask that you wear loose, comfortable, two piece and short sleeved clothing. We also ask that you do not wear contact lenses.
5. If pre-operative antibiotics or medication to limit swelling have been prescribed, please take them as directed with minimal amount of water only.
6. After surgery, pain and swelling can be decreased by Ibuprofen (Advil) 200mg. Adults take 3 tablets (600mg), 4 times a day for 3-7 days after surgery. Do not take Advil if you are allergic to Ibuprofen, have asthma, are on blood thinner, or have been told by your doctor not to take this type of medication. Frequently additional narcotic type medications will also be recommended to control post op pain.
7. Following your surgery, it is extremely important for you to maintain proper nutrition. Nutritional supplements (Ensure plus, Sustacal, etc) are available at most pharmacy and grocery stores and can be used to supplement your diet. Please have these ready ahead of time and take 3-5 cans per day until normal diet can be resumed.
8. Ice packs are helpful in reducing facial swelling and post surgical pain for up to 36 hours. We ask that you have ice, or ice packs, available for use when returning home. Small bags of frozen peas work well and conform to facial contours.
9. Please note that on occasion, another doctor will be on call for Dr. Guyette or Dr. Beehner over a weekend. Narcotics pain medication will NOT be refilled by another doctor over the weekend. If the weekend is approaching and you are concerned about having enough medication, contact our office before 2:00pm. As of October 2014, narcotic pain medication can no longer be called into a pharmacy.